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DEBATE

Council rejects salary reset



**Zane
Woodford**
Metro | Halifax

Halifax regional councillors rejected an independent committee's recommendations on a new formula for their compensation Tuesday after more than three hours of debate.

The committee's recommendations would've meant councillors would be paid 25 per cent more than the average full-time worker in Halifax.

The deputy mayor would get 10 per cent on top of that, and the mayor would be paid 2.2 times what councillors make.

Because that would actually lower councillors' salaries, the report recommended freezing them till the formula catches up.

"When you're talking about anybody's salary or compensation, people do take in emotionally, and they feel we're criticizing them and they fight back," said the committee's leader, Gerald Walsh.

Multiple councillors criticized the committee's methodology, with deputy mayor Matt Whitman calling one aspect of the report "reckless."



SPEAKING OUT

**Halifax pharmacist fears
more incidents after
armed robbery**
metroNEWS

**Peter Jorna,
Guardian Pharmacy
owner, had one
of his locations
robbed by a suspect
with a knife.**

JEFF HARPER/METRO



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+ MEETING NOTES

Crosswalks to get extra paint, municipality to try new materials

Halifax regional council voted Tuesday to repaint faded crosswalks in the fall, and to try using durable pavement markers instead of paint in some cases.

The report came as a result of questions from councillors about how staff went about painting streets and sidewalks, and why it was done only once a year.

"On arterial and major collector roadways outside the downtown core," staff recommended a new practice of repainting the zebra stripes on sidewalks where necessary.

It also recommended a trial run using thermoplastics, epoxy and pre-formed tapes instead of paint.

City to look at rink fees

Ice time at municipally owned skating rinks will be the subject of a comprehensive staff review after a vote from council.

Former councillor and current MP Darren Fisher had asked for the review last year, "regarding the potential for providing a consistent rental fee structure for ice usage across all HRM owned ice surfaces, including HRM operated, community operated, and contracted-out facilities."

The review will cost about \$120,000, and will look at 18 buildings across the municipality.

Grants to be handed out for search and rescue

Halifax regional council approved the award of four operating grants for volunteer ground search and rescue teams across the municipality.

The grants total \$116,000, and will be divided up between the Eastern Shore Ground Search & Rescue team, the Halifax Regional Search & Rescue Team, the Musquodoboit Valley Ground Search and Rescue Team, and the Sheet Harbour Ground Search & Rescue Team.

Those teams provide assistance to all three levels of government in critical situations.

ZANE WOODFORD/METRO

Council lauds passing of taxpayer-friendly budget

CITY HALL

Distribution of tax revenues criticized by Dalrymple



Zane Woodford
Metro | Halifax

Halifax regional council unanimously passed what many councillors called a "good news budget" for the 2016-17 fiscal year on Tuesday.

The municipality's \$873 million operating and \$198 million capital budgets passed Tuesday, holding the line on taxes and continuing to cut the municipality's debt.

The budget technically lowers the tax rate to 66.2 cents per \$100 of assessed value for urban residential taxpayers, and \$2.83 per \$100 of assessed value for urban commercial taxpayers. The municipality says the numbers mean that 94 per cent of residential taxpayers and 62 per cent of commercial taxpayers will see no increase in their tax bills in the coming year.

The budget also includes spending for the construction of a new four-pad arena in Dartmouth, implementation of a new transit plan, transit technology upgrades, public WiFi and more.

But Coun. Barry Dalrymple

doesn't see enough in the budget for suburban and rural councillors.

"I am concerned about the distribution of all of the taxpayers' funds across the municipality," he said after the budget was ratified.

"There is a heavy, heavy emphasis, I would say to the

excess, of monies being spent in the urban core."

But it wasn't enough to get Dalrymple to vote against the budget. He said there were "enough higher-arching issues" to get his vote.

"There are all kinds of good things. This is a very, very good budget for residents of HRM," he said. "It is the spending aspect I think could've been distributed more fairly."

Mayor Mike Savage disagreed with Dalrymple's assertion that the distribution

was unfair, pointing to investments like the Musquodoboit Harbour library.

"I think that we need to be very conscious of the fact that this municipality includes all districts," he said.

"I think we're getting there, and I think all parts of the municipality benefit."

Like the councillors around the table, Savage lauded the municipality for creating a budget that holds the line on spending while making investments.

"We're spending less money this year than last year, and we're investing in things that matter," he said. "I think it's a great budget."

Coun. Jennifer Watts voted in favour of the budget as well, but said she worries about the cuts made to just about every business unit for the coming year, and warned Tuesday that they may not be sustainable.

"I'm not sure constantly going back and asking staff to cut is an option in the future," she said.



It's a good news budget.
Coun. Tim Outhit

Coun. Tim Outhit was in good spirits following the passing of the budget, which lowers the tax rate for urban residential and commercial taxpayers. JEFF HARPER/METRO



I feel completely happy about this budget, and I will be supporting it ... my last budget.

Coun. Gloria McCluskey



Snow-clearing workers were busy cleaning the streets following a January winter storm. JEFF HARPER/METRO

MAINTENANCE

Millions banked thanks to snow

This year's warm winter isn't just saving Halifax money on potholes, it's spent less on snow clearing so far this year as well.

Of the \$26.7 million set aside for snow clearing in the 2015-16 year, the municipality spent about \$17.9 million by the end of February, including almost

\$3 million spent on repairs and excess snow clearing last spring.

That leaves \$8.8 million for the rest of the winter.

For comparison, at the same time last year, the municipality had spent about \$20.2 million on snow clearing.

ZANE WOODFORD/METRO

+ CITY SAVINGS

On Monday, Metro reported the city is on track to saving a quarter of a million dollars by the end of the winter due to fewer potholes.



Catherine Martin, Nancy's Chair in Women's Studies, sings at the start of a campus assembly at Mount Saint Vincent University on Tuesday. Students and faculty are calling on Mount Allison University to reinstate full funding for their Women and Gender Studies program. JEFF HARPER/METRO

CONSUMER APP

PartyUP to launch Thursday

Todd Mercer has been preoccupied lately, meeting with owners and managers of bars and nightclubs from Sydney to Halifax.

The Dalhousie University engineering grad is marketing a social media mobile app designed to give young people the best idea of what's happening inside bars and nightclubs geographically closest to them.

The short 10-second clips give users of the PartyUP app an idea of the size of the crowd, music and general atmosphere at the club. It will launch initially for bars in Halifax, Sydney and Antigonish.

It's also a promotions tool for bars as they encourage patrons to spread video clips of what's going on inside the bar to other social media platforms, said Mercer.

He said it's primarily a consumer app but it's expected features will be built in to assist bars promoting their own establishments.

"One of the options we're looking at is marketing features for (bars, nightclubs) that would be a subscription based thing ... sort of like the Kijiji model where they can be at the top list and they can have certain features that help them with marketing," Mercer said.

Many bars and nightclubs use their Facebook page to promote live bands and other performers, but the effectiveness of targeting the demographic most likely to show up at the bar is questionable, he said.

Mercer said if there is advertising in the PartyUP app, everyone using the app would see the paid ads that are not necessarily the case for Facebook.

"In Facebook, you don't know where your ad is going to appear — is it going to be in your newsfeed, or is it going to be on the side or whatever."

TC MEDIA

Cuts mean women's voices 'not a priority': Advocate

UNIVERSITY

Students protest over potential budget cuts

Dylan Desroche
For Metro | Halifax

Students from Mount Saint Vincent University in Halifax held a campus assembly Tuesday to express concerns about potential funding cuts at New Brunswick's Mount Allison University.

Some Mount Saint Vincent students say they are frustrated with Mount Allison University administrators over proposed cuts to Mount Allison's women's and gender studies program.

The program has been offered at the university for the past 10 years and has seen an increase in enrollment. Despite that, funding for the program may be in jeopardy as the university plans its annual budget.

"Budgets are about priorities and I think that when universities cut women and gender studies programs they're saying that voices of women are not a priority," Charlotte Kiddell, president of Mount Saint Vincent's Feminist

“Women and gender studies are so important to keep pushing toward ending misogyny, ending sexism, ending rape culture on campus.”

Charlotte Kiddell

Collective, said on Monday during an interview with Metro.

Students are upset the school is no longer going to have a fully tenured professor teaching the program.

"What we see is when universities rely on contract and temporary faculty, the quality of education goes down," said Kiddell.

Kiddell said it's about more than just offering courses.

"Women and gender studies are so important to keep pushing toward ending misogyny, ending sexism, ending rape culture on campus," she said.

A Mount Allison University spokeswoman said she understands students may be upset, but guarantees it's gender and women's studies program isn't being cut.

"We understand that the

women's and gender studies program is of utmost importance to our students, faculty, and the entire community," said Mount Allison University spokeswoman Laura Dillman Ripley. "We value this program as part of our liberal arts and science curriculum."

Ripley said despite the program's lack of a tenured professor, students can expect the same quality of programs and the program is here to stay.

"We understand that there was some confusion and concern by our students and wider community, but this was never a decision that was made," said Ripley about the fears the program was being totally cut.

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Robbery triggers fears

DRUGS

Pharmacist boosts security after crime



Yvette d'Entremont
Metro | Halifax

A Halifax pharmacist whose store was robbed at knifepoint Monday is enhancing security and expressing concerns that pharmacy robberies may become more commonplace.

On Monday afternoon, Peter Jorna was returning from walking his dogs and getting ready to start a 4:30 p.m. shift at the Guardian Pharmacy he owns on Coburg Road. He saw a man he described as "shady" coming out of the store.

When a few \$20 bills fell out of the man's pocket, another passerby picked them up and handed them to the man, who quickly left.

"He actually dropped my money, and then I went inside and that's when I found out that it had all happened. It was pretty terrible," Jorna said of the armed robbery.

"A student (employee is) the one who bore the brunt of it. She was just coming in around the corner and the guy just kind of pushed her into the dispensary and put his arm around her neck and put a knife to her throat."

Jorna said pharmacists have always had to deal with the threat of robberies, but he expects them to increase.

"The province just went ahead with the drug information database so every prescrip-

tion that gets filled in Nova Scotia it goes on a database and it flags them," he said.

"Now when someone fills a prescription if they got one filled at another pharmacy in recent history then it's going to come up. We get flagged on that."

He believes that initiative, coupled with doctors being more cautious when prescribing, will cut down on the supply of drugs making their way onto the streets.

"I believe the majority of the drug problem in Nova Scotia currently is prescription drugs and that's how they get them," he said.

"The supply is going to dry up so the only other way to get drugs is...illegal drugs like heroin, so you'll probably end up seeing more of that coming into the province, or through robbing pharmacies."

Among his new enhanced security measures, Jorna is installing panic buttons. Although the pharmacy closes at 9 p.m., the store remains open until midnight. He said no one will work alone.

In addition to his Coburg Road location, Jorna owns a Guardian pharmacy on Gottingen Street. He said both have very good camera systems in place.

"I don't really care about the money. I don't care about the drugs but it just didn't really hit me until right now," Jorna said, choking up.

"It's the impact on my employees. They are people I care about and it's going to have a profound impact on the poor university student and the other pharmacist who was working there. It's such a terrible thing to do to someone."

"I believe the majority of the drug problem in Nova Scotia currently is prescription drugs."

Peter Jorna, Pharmacist



The Guardian Pharmacy on Coburg Road was robbed at knifepoint on Monday. JEFF HARPER/METRO



POLICE RELEASE PHOTO OF SUSPECT



Do you know this man?

On Tuesday, police released photos of a man who robbed the Guardian Pharmacy in the hopes the public can help identify him. The suspect took off on

foot to Lemarchant Street with a quantity of cash and drugs.

He is described as being in his 20s with an olive complexion. He has gaunt facial features, is of medium

height and build and appears to have a tattoo on the back of his right hand.

The suspect was wearing a black and white plaid style jacket, black gloves, pants and tuque at the time. METRO

ECONOMY

Mink ranchers struggle

Not so long ago, top-notch mink pelts were fetching more than \$100 each on the worldwide market. Now the price is little more than a tenth of that.

Dan Mullen, former president of the Nova Scotia Mink Breeders Association, says at least 350 people have been laid off to date.

"Many part-time jobs are lost for summer seasonal work, plus feed and pelt processing jobs," he said.

"Businesses in the community will inevitably struggle, if not cease to exist. This is going to be very tough on the region."

"I know, personally, I am liquidating whatever assets I can to eliminate payments, or to free up cash," he said.

North American Fur Auctions recently completed its first major fur auction and results confirmed predictions of a dismal market. Lack of buyer demand from China and Russia made it difficult for most items to sell at all.

Clare warden Ronnie LeBlanc confirms the seriousness of the situation for mink farmers.

"There were a lot of people who got into it when it was at its peak," he says.

"If you look at how well the industry was doing a few years back, the spinoff it was creating... the jobs, the tractor and car sales, all of that has been impacted."

Mullen pelted out his 4,000-breeder herd and will not restock until market conditions improve.

That could be one year or as long as three. He laid off four full-time employees and has no idea what he will do to provide for his family.

TC MEDIA

ASSAULT

Suspect's ID sought

Police in Halifax are asking for the public's help identifying a suspect after a serious assault happened outside a Lower Sackville bar last year.

The RCMP say a 30-year-old man was seriously injured by another man during a fight at the unnamed establishment on Nov 8.

RCMP are not providing any details on the location of the bar, only that the assault happened around 2 a.m. in Lower Sackville.

They released a still image of the suspect on Tuesday and are asking for the public's assistance after failing to iden-



An image of the suspect.

HANDOUT

tify the suspect through other means, said Cpl. Jennifer Clarke, spokeswoman with the RCMP.

METRO

EMPLOYMENT

Over 90 to lose jobs in pie plant closure

Ninety people will lose their jobs this fall when a pie plant in Kentville shuts its doors.

Geoff Wilson, senior vice-president of communications for Weston Foods in Toronto, said employees of the plant in Kentville were informed on Monday that the company had decided to end production at the facility, which makes a line of frozen pies that customers can bake at home.

"The most significant reason is that most customers of major

retailers demand thaw and sell pies, and unfortunately, the Kentville plant doesn't produce thaw and sell," Wilson said.

"We took a look at our facilities and it was decided that it was most economical and efficient that our plant in Brampton take on the thaw and sell line. This type of decision is always very challenging and hard to make."

Two shifts of workers will be impacted by the closure, expected to take place early this fall. TC MEDIA



NORTH SYDNEY TRIAL

Charges dropped against one man in assault case

Charges against the last of six accused in a brutal, unprovoked attack on a homeless man in North Sydney in 2014 have been withdrawn at what was supposed to be the start of a Supreme Court trial.

Cory Patrick Richard Blinkhorn, 24, North Sydney, was charged with attempted murder, aggravated assault, wearing a disguise (a bandana) in committing an offence, and falsely representing himself as a police officer.

He was one of six charged in connection with the attack on Shawn Kurtis Jack, 49, who was lured out of his homemade shelter by demands from individuals posing as police. When his head emerged, he was struck repeatedly by two individuals — one armed with a torque wrench and the other a machinist hammer.

Prosecutors Darcy MacPherson and Glenn Gouthro explained Monday their case against Blinkhorn was stymied by previous inconsistent statements and uncooperative witnesses. TC MEDIA

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'Straight out of my nightmares'

WILDLIFE

Bizarre fish spooks just about all who encounter it

For a brief moment, Nova Scotia fisherman Scott Tanner thought he might have a case of cabin fever when he spotted a fish with glowing green eyes in his trawler's net.

The 23-year-old Lunenburg man was about a month into a 40-day commercial fishing trip for cod and redfish off Newfoundland and Labrador's Grand Banks when the mysterious creature turned up, shocking even veteran fishermen on board.

"It stood out right away with the green eyes," said Tanner, who snapped photos of the dead fish and posted them on Facebook. With its luminous peepers, long tail, sword-like nose and fins resembling wings, the fish netted last month has caught both the intrigue and disgust of the Internet.

"What the hell is this?" blared a headline on the Daily Star, a U.K. tabloid that described the catch as a "winged fish with evil eyes" and "a nose like a wizard's hat."

There were more than 700 comments Tuesday posted under an image of the alien-like fish on the popular social media site Reddit.

"Put it back, the mothership is bound to come looking for it," read one post.

Someone else said the creature looked like something that was fished "straight out of my nightmares."

Andrew Hebda, curator of zoology at the Museum of Nat-

ural History in Halifax, offered a more scientific-based explanation: The bug-eyed creature appears to be a knifefish chimera — one of three chimera species in North Atlantic waters.

"It's a kind of neat-looking thing," he said. "The eyes are quite striking."

In Greek monster mythology, the chimera is described as a grotesque mashup between a lion, a goat and a snake that spews fire.

But in reality, Hebda said chimeras are a relatively primitive, cartilaginous fish related to sharks. Their retinas are designed to seek out food in extremely low light on the sea floor. Once exposed to light, their large eyes appear to glow.

In this case, the chimera's eyes were likely bulging out because of how quickly the fish was pulled out of the ocean.

Tanner said the sudden change in pressure could also explain why the fish was dead when it was found in the net. After taking a few photos, he said, the chimera,

which he estimates weighed between five and 10 pounds, was tossed back into the ocean.

Hebda said it's not surprising the fishermen were stumped by the fish, given that chimeras are rarely seen or caught. Also known as "rat fish," they typically live between 2,000 and 3,000 metres down into the ocean, trolling along the sea floor looking for crustaceans and worms to eat.

Chimeras are edible, Hebda noted, though he'd prefer to have one in the museum's collection instead of on his dinner plate.

Tanner agreed.

"I definitely wouldn't think about eating it."

THE CANADIAN PRESS

The mothership is bound to come looking for it.

Post on Reddit



Chimeras are rarely seen, but Lunenburg's Scott Tanner caught this one. SCOTT TANNER/FOR THE CANADIAN PRESS

HELICOPTER

Small piece tears off new CH-148 Cyclone

One of Canada's new CH-148 Cyclone helicopters had to be winched off a ship after a small piece tore off while it was being parked.

The unexpected problem sent engineers back to the drawing board.

Access to information documents say a metal ring on the helicopter's nose snapped as crew tried to get it lined up for a tow into a hangar originally designed to hold the vintage Sea King helicopters that are

being phased out.

The incident, which wasn't noted in any news release, occurred during testing last year before the former Conservative government announced on June 19 it had accepted ownership of the choppers.

The 28 Cyclones have faced repeated development delays since being ordered in 2004 and are not expected to be fully operational on both the East and West coasts until 2021.

THE CANADIAN PRESS



A Cyclone helicopter THE CANADIAN PRESS FILE

FUNDRAISING

Apple Blossom fest online pleas are real

Many people are questioning the legitimacy and police have received a complaint, but the president of the Apple Blossom Festival says an online fundraising effort is not a scam.

Gary Long said the intent behind the request is to rally financial support for the festival and help attract volunteers. Sponsors come and go and the board has heard through corporate offices that some sponsorship funds the festival had in the past have been

redirected.

Long said he wouldn't go so far as to say the festival is in financial trouble. The crowd-funding site was launched "to try to pick up some of the loose ends," he said. "It changed the picture for us a little bit."

Long said the Go Fund Me page was the idea of Sarah Tibbetts, the children's parade board representative. It aims to raise \$70,000 for the festival. As of Tuesday, three people had donated \$20 each. TC MEDIA

IMMIGRATION PLAN

Canada's new target

Syrian crisis sparks Liberal government into significant shift in immigration policy, with families and refugees moving to the head of the queue and skilled labour missing out

Syrian refugees are driving a shift in Canada's immigration plan for 2016 as the Liberal government seeks to admit record numbers of new permanent residents while backing away from a previous focus on skilled labour.

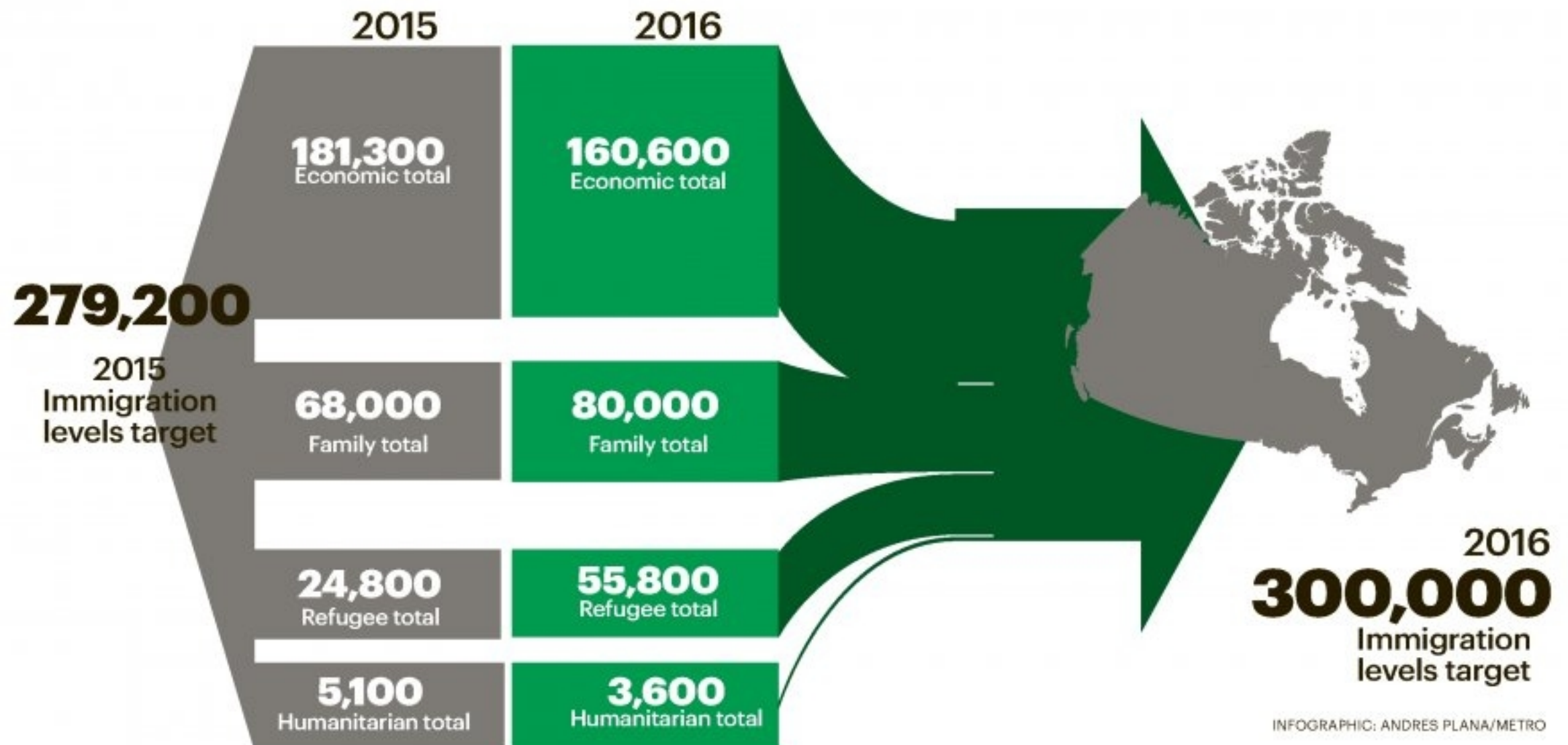
Bringing in 25,000 government-assisted Syrian refugees by the end of this year has maxed out the immigration stream, leaving the private sector to offer vulnerable people from elsewhere in the world a chance at life in Canada.

The Liberals say they will triple the number of spots for private sponsors, part of a near-doubling of the humanitarian program overall compared with levels under the Conservatives.

Immigration Minister John McCallum said the plan is grounded in Canada's tradition as a welcoming country.

"It outlines a significant shift towards reuniting more families, building our economy and upholding Canada's humanitarian traditions," McCallum said.

THE CANADIAN PRESS



INFOGRAPHIC: ANDRES PLANA/METRO

U.S. RELATIONS

Trudeau arrives in Washington riding a wave of positivity



Prime Minister Justin Trudeau and U.S. President Barack Obama have a close bond. SEAN KILPATRICK/THE CANADIAN PRESS

The White House says a special relationship is developing with Canada's new prime minister — a bond that will be reinforced this week with a series of bilateral agreements, champagne toasts, and a rare black-tie dinner.

Justin Trudeau arrives Wednesday for a three-day visit to the U.S. capital — a place where he's unusually well-known for a Canadian politician — with the first prime ministerial state dinner in 19 years as its centre-

piece.

An administration official described a unique alignment of priorities between President Barack Obama and the prime minister, who will be hosted by the White House, the State Department, American University and a gathering of think-tanks.

"I think there is a developing

special relationship between this president and prime minister," Mark Feierstein said.

"They're both young leaders with similar visions, both have a progressive vision, both very much committed to appropriate use of multilateral tools, both committed to diversity."

"I think there's a coincidence

in terms of the agendas that both administrations have. I think we're seeing that reflected for example on the issues of climate change and refugees."

Officials have hinted at the prospects of agreement on climate change, new border-security measures and an effort to avoid an impasse in the softwood-lumber dispute.

The prime minister arrives in Washington riding a wave of glam-mag coverage and glowing profiles. THE CANADIAN PRESS



They're both young leaders with similar... progressive visions

Mark Feierstein, White House official

ANALYSIS

High levels of lead found in water at B.C. legislature

The water in an office in the British Columbia legislature contains more than five times the safe limit of lead, one MLA says. Water from the office of Delta South MLA Vicki Huntington was tested and found to have contained 55.4 micrograms per litre of lead, which is approximately five and a half times more than the maximum allowable concentration.

MATT KIETLYKA/METRO

INTERNATIONAL WOMEN'S DAY

New note to feature a woman

When the next series of Canadian bank notes rolls off the presses in 2018, one of them will, for the first time ever, bear the portrait of a woman other than the Queen — and nominations are open now.

Prime Minister Justin Trudeau and Finance Minister Bill Morneau marked International Women's Day on Tuesday by launching the search for a new face for the currency.

"I am pleased to announce today, right here, that a Canadian woman will be featured on the very first of the next series of bills expected in 2018," Trudeau



A new coin lauds the 100th anniversary of suffrage in Canada. BRAEDEN JONES/METRO

told a news conference.

Hazel McCallion, the firebrand political legend who served for 36 years as mayor of Mississauga,

Ont., was on hand for the announcement.

"Finally, the Bank of Canada and the government has recognized it is time for a woman," McCallion said. "I've been helping the organization to do it."

The bank is asking the public to nominate women deserving of the recognition, provided they meet the criteria.

The nominee must be a Canadian woman who demonstrated outstanding leadership, achievement or distinction in any field, benefiting the people of Canada, or in the service of Canada.

THE CANADIAN PRESS

Weeknights at 6:30pm. Countdown the HOTTEST songs of the day.

6 SIX@6 LAST NIGHT:

- 6 Tony Lanza Say It
- 5 Alessia Cara Wild Things
- 4 Mike Posner I Took A Pill In Ibiza
- 3 G-Eazy Ft Bebe Rexha Me, Myself and I
- 2 Rihanna Ft Drake Work
- 1 Zayn Pillow Talk



8:20 WEEKEND MORNINGS

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Clean sweep in Mississippi

PRESIDENTIAL RACE

Clinton, Trump maintain leads in southern state primaries

Democrat Hillary Clinton and Republican Donald Trump swept to victory Tuesday in Mississippi's presidential primaries, continuing their dominance in the southern states.

Clinton and Trump hoped Tuesday's contests would pad their delegate leads and move them closer toward a general election faceoff. Democrat Bernie Sanders sought to slow Clinton in Michigan, the night's biggest prize, while a trio of Republican candidates desperately tried to block Trump's path to the nomination.

Trump has faced a barrage of criticism from rival candidates and outside groups who fear he would deeply damage Republicans' chances of winning in November. His recent losses to Texas Sen. Ted Cruz have raised questions about his durability and given fresh hope to other



Democratic presidential candidate Hillary Clinton speaks during a rally in Detroit, Mich.

AP PHOTO/CHARLIE NEIBERGALL



Republican presidential candidate Donald Trump campaigns in Madison, Miss.

AP PHOTO/BRYNN ANDERSON

competitors.

Ohio Gov. John Kasich campaigned furiously in Michigan in recent days. He's yet to win a primary but hoped a good showing in Michigan would give him a boost heading into next week's crucial contest in his

home state.

Speaking to a crowd in Lansing, Kasich said a strong showing in Michigan would show the country "that it's a new day in this presidential campaign."

To that end, Kasich and Florida Sen. Marco Rubio were using

recorded phone calls from Mitt Romney to appeal to voters as they headed to the polls. Romney, the 2012 Republican standard-bearer, has not endorsed a candidate but has vowed to help challengers to Trump, whom he says would be dangerous for

the country.

Republicans were also holding contests Tuesday in Hawaii and Idaho. Republican candidates were fighting for 150 delegates, while 179 Democratic delegates were at stake in the party's two primaries. The delegates will select each party's presidential nominee at national conventions in July.

The economy ranked high on the list of concerns for voters heading to the polls in Michigan and Mississippi.

At least eight in 10 voters in each party's primary said they were worried about where the American economy is heading, according to early exit polls conducted for The Associated Press and television networks.

Among Democrats, eight in 10 voters in both states said the country's economic system benefits the wealthy, not all Americans.

Sanders has sought to tap into that concern, energizing young people and white working-class voters with his calls for breaking up Wall Street banks and making tuition free at public colleges and universities.

THE ASSOCIATED PRESS

IN BRIEF

Escaped tiger causes uproar on Qatar motorway

Talk about a hair-raising commute. Drivers in the energy-rich Mideast nation of Qatar got a surprise Monday when an escaped tiger was seen prowling among cars on a major motorway.

Police said they were looking into footage circulating on social media showing the tiger making its way between vehicles in the capital, Doha.

THE ASSOCIATED PRESS

Charitable Norwegian donates hidden cash

A Norwegian real estate broker is being praised after he found almost \$40,000 hidden underneath the fireplace of his new apartment and donated all of it to a charity called Kreftforeningen.

Vemund Thorkildsen told The Associated Press on Tuesday that he made the discovery two weeks ago.

"At first we started to celebrate like if we had won the lottery," said Thorkildsen, 27. "But then I thought, 'This not my money.'" THE ASSOCIATED PRESS

REFUGEE CRISIS

Migrants stranded as Greece shuts borders

Despair and confusion spread through the camp at the Greek-Macedonian border Tuesday as thousands of stranded refugees were forced to acknowledge that the route through Europe that had carried their hopes and dreams was now shut.

The dozens of people

crammed together at the front of the line to the border crossing looked at the closed gate and razor wire in disbelief. One young Syrian muttered he had been in the tent at the crossing for five days without sleeping. It was his 15th day at the Idomeni refugee camp.

One woman broke down, crying and screaming as she held her baby in her arms while a man tried to calm and comfort her. Refugees asked reporters what had happened in Brussels, and asked what they could or should do next.

European Union leaders who

held a summit with Turkey said early Tuesday they hoped they had reached the outlines for a possible deal with Ankara to return thousands of migrants to Turkey, and said they were confident a full agreement could be reached at a summit next week. THE ASSOCIATED PRESS



A Syrian woman with a baby sits in a tent at the transit center for refugees. BORIS GRDANOSKI/THE ASSOCIATED PRESS



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*Canadian residents who have reached the age of majority in their province or territory can enter the contest at www.hyundaisupersearch.com between February 13th, 2016 at 12:01am (ET) and April 4, 2016 at 11:59pm (PT). One entry per each Weekly Prize. One entry per Grand Prize. Four (4) Weekly Prizes of CDN\$2,500.00 each, and one (1) Grand Prize of CDN\$20,000.00. To be eligible for Grand Prize, contest participant must perform test drive of a new Hyundai vehicle at a Canadian Hyundai dealership and submit the correct answer to the final SuperSearch Clue. To be eligible for secondary Weekly Prizes, contest participant must submit the correct answer for each respective Weekly SuperSearch Clue. Each Weekly Prize is exclusive of each other; answer submission for all Weekly Prizes is not required to be eligible to win any one (1) Weekly Prize. Chances of winning depend on the total number of eligible entries received. Eligible winners must correctly answer skill-testing question. Prize draws will be held at 16 Mary Street, Unit 4, Aurora, Ontario at approximately 2:00 pm (ET) on April 7, 2016. No purchase required. Complete rules available at www.hyundaisupersearch.com. TM/©The Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp.

Emojis getting some respect

COMMUNICATION

High point when an emoji was picked as word of year

If emojis could express their meteoric rise into the lexicon of virtual language, it might start with a surprised face, followed by thumbs up, and a trophy. After years of ridicule in popular culture, the famous international registry of smiley faces, animals and numerous other objects is finally getting some respect.

"In many ways, communicating informally with each other on the Internet, with just words, is like trying to talk in a monotone with your hands behind your back," says Gretchen McCulloch, a Montreal-based linguist who has studied the rise of emojis and how people use them to en-

hance communication.

Created in the late 1990s by Japanese mobile phone carriers as a marketing hook, emojis never really landed on the radar of North Americans until Apple's iPhone and Android smartphones incorporated the cartoon characters in 2010.

Last year marked a clear zeitgeist moment. The prestigious Oxford Dictionaries chose the "face with tears of joy" emoji as word of the year, leading to an uproar in linguistic circles.

It was an undeniable sign that emojis had reached a higher level of status after years of being widely dismissed as a quirky smartphone feature used mostly by teenagers.

Celebrities and brands have hopped on the emoji bandwagon, including Kim Kardashian — who launched her own "Kimoji" app with cartoon renderings of herself — and Tim Hortons which released its own batch of "Eh-mojis".

Emojis have also posed a ma-

jor challenge under the law. A New York grand jury was recently asked to decide whether the combination of an emoji police officer and an emoji gun was considered a threat to police.

THE CANADIAN PRESS

After years of being dismissed as a quirky smartphone feature used mostly by teenagers, the famous international registry of smiley faces, animals and other objects has reached a higher level of status.

ISTOCK



IN BRIEF

Biofuels face headwinds

Low oil prices, end of a biofuels incentive program, competition from U.S. imports, lack of infrastructure, and stricter fuel efficiency regulations are expected to lead to a 38 per cent plunge in Canada's biofuels production, predicts the International Energy Agency. THE CANADIAN PRESS

Danier sell-off begins

Store closing sales start Tuesday at the remaining Danier Leather stores and outlets in Canada.

THE CANADIAN PRESS

market minute

\$	DOLLAR
	74.54¢ (-0.78¢)
TSX	13,311.05 (-72.55)
Oil	\$36.50 US (-\$1.40)
Gold	\$1,262.90 US (-\$1.10)

NATURAL GAS: \$1.712 US (+2.2¢)
DOW JONES: 16,964.10 (-109.85)

TONIGHT

TO STOP THE ENEMY, SHE MUST GET CLOSER TO HIM.

X COMPANY

ALL-NEW EPISODE at 9/9:30NT

URBAN ETIQUETTE ELLEN VANSTONE



THE QUESTION

I took credit for someone else's donation to my boss's charity run — but she was pressuring all of us to give. She does it every year. Was I wrong?

Dear Ellen,
Every year, when the time comes for her charity run, my manager starts dropping hints and directs us to the website with her donor page. I give lots to charity, and feel we shouldn't be asked to support her causes. Anyway, this year, she and I had a one-on-one meeting where she said, with a sigh, that she was way behind in her fund-raising but that "of course, that's not your problem." There was an awkward pause, which I stupidly filled by saying I'd donate. I was mad at myself, but meant to do it — until an hour later when she sent me an email telling me how much she appreciated my donation. Apparently, as I stewed at my desk, someone else had donated anonymously. I was ticked off enough that I replied "No problem! Good luck!" Was I wrong?

Feeling extorted, Toronto

Dear F.E.,

Strictly speaking, I cannot condone your lying about having made a donation to your boss's charity. Nor do good manners permit taking credit for another person's generosity.

But I can certainly understand your motivation.

Though it doesn't excuse your behaviour, the fact

It's okay to ask friends, relatives or strangers for support, but not in a context when people don't feel free to say no.

is your boss's behaviour is equally inexcusable. Her practice of "dropping hints" about her charity, while directing you to her website has all the subtlety of a brickbat aimed straight at your next performance review. It's OK to ask friends, relatives and strangers for support, but it's not OK in the context of a power relationship like the one she has with you; i.e., when people don't feel free to say no.

By the way, it's commendable that you already "give lots to charity," but it's irrelevant as to whether you should give to hers. We all have our own pet causes, and how we choose to spend our disposable income is nobody else's business.

Of course, it's not always

cut and dried. Theoretically, I stick to my own chosen charities and feel justified in waving off solicitors for other organizations. But I also set aside a certain amount for causes I don't much care about, because I like or care about the people who are begging on their behalf.

(As tax season looms, note that tax credits are available for registered charities, which never hurts.)

For Feeling Extorted and other oppressed workers at the mercy of exploitative managers, however, the choices are limited.

You can smile through gritted teeth and donate, and try not to waste too much time wallowing in fuming resentment, which is very

bad for your health.

You can ignore the boss's "hints" and not donate, then try not to waste too much time worrying about whether she'll hold it against you, which would be very bad for your career.

Or, if you simply refuse to brook a double-bind, you can heed the advice of Frank Underwood from *House of Cards*: "If you don't like how the table is set, flip over the table." In other words, sign up for your own charity run, so that you can tell your boss — truthfully — that you'd love to donate to her run, and that you sincerely hope she'll donate to yours!

Need advice?
Email Ellen:
scene@metronews.ca



© Ani Castillo

ROSEMARY WESTWOOD

metroview



Americans love Trudeau, and we still really, really care

Always the wooer, never the wooed. Canada, I mean, when it comes to the U.S.

All week, Canadian media, swooning over Prime Minister Justin Trudeau's rare (steak?) state dinner at the White House on Thursday, have noted what a "high honour" the evening is, how it shows that "Canada matters" and promises to be an "evening of awe."

U.S. President Barack Obama sees himself in Trudeau, we're told. Plus: The Washington Post even called Trudeau the "anti-Trump" (!) — high establishment praise and a moniker Trudeau later ironically embodied when he refused to dump on Trump in an interview.

We're loving the attention — the Vogue profile, Sunday's 60 Minutes interview, which Americans read as advertisement to emigrate here; not that they needed one after Googling en masse "how to move to Canada" on Super Tuesday. The U.S. coverage, though concerned with Trudeau's esthetic, is far meatier than the usual Five cool people you didn't know were Canadian and This hip street in this Canadian city is so hip.

But coming from a nation that still assumes we're all lumberjacks, it's not really that flattering, is it? The Google-search story was roundly treated as a joke: Move to Canada! Things really are bad! We're not an aspiration

so much as a last-ditch escape hatch. They're not drawn to Canada — they're drawn to the absence of America.

In my experience, Americans generally view Canada as a proverbial backwoods, a wild terrain with rustic inhabitants.

Which is why Trudeau, in that 60 Minutes interview, admitted Canadians, "like to think that, you know, Americans will pay attention to us from time to time, too."

What lofty goals, Mr. Trudeau. Americans do like him for his poignantly familiar story: He is handsome and forthright and rose to power by being a good guy, a classic trope of American culture rarely seen in real life. But I doubt the interest will plunge much past his shiny surface to our reality.

To be clear: Neither Trudeau nor I are anti-American. Hell, he told the Huffington Post that the U.S. is "the greatest democracy in the world."

But I can like America and Americans (which I do, greatly), and even love some of them without assuming, much less requiring, their reverse-interest in the true-north-strong-and-free.

Besides, while the state dinner will be good for Trudeau, and even a little good for us, the important relationship is no longer with Obama, it's with his successor. And if that (shudder) is Donald Trump, we know who'll pick the fight.

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Step-by-step spicy tuna rolls

RECIPE

Throw out the takeout menu and make your own at home

The California roll may have been the first inside-out roll, but the spicy tuna roll is quickly becoming the most popular. The combination of tuna and mayonnaise is a classic in Western culture.

Spicy Tuna Roll

Makes 1 roll (6 pieces)

Ingredients

- 1/2 sheet nori (7 by 4 inches/17.5 by 10 cm) 1/2
- 1/3 cup Sushi Rice 75 ml
- Toasted sesame seeds (preferably a mix of black and white)
- 1 tsp Spicy Mayo (see recipe on right) 5 ml
- 1 1/2 tsp thinly sliced green onion, white 7 ml and green parts
- 2 strips tuna, cut into pieces each 2 about 3 1/4 by 1/2 by 1/2 inch (8 x 1 x 1 cm; about 2 oz/60 g)
- Pickled ginger
- Wasabi paste
- Soy sauce

Equipment

- Wet towel
- Nonstick gloves, optional
- Small bowl with ice water
- Bamboo rolling mat (maki-su), covered in plastic wrap
- Yanagiba, slicing knife or chef's knife

Directions

1. Place nori on board, shiny

side down, with the longer side facing you.

2. Lightly wet your hands in the ice water, shaking or clapping off any excess.

3. Leaving a 1/2-inch (1 cm) border at the top of the nori, place rice on sheet, right of center.

4. Using your fingers and pressing down and toward the right, spread rice to about 1 inch (2.5 cm) wide. Repeat Step 2.

5. Using the tips of your fingers, continue to spread rice evenly over nori so remainder of nori is covered with rice, leaving 1/2 inch (0.5 cm) visible at the bottom.

6. Sprinkle sesame seeds evenly over surface of rice.

7. Using the back of a spoon, spread spicy mayonnaise across center of nori.

8. Flip nori over, rice side down, placing the uncovered edge toward you.

9. Sprinkle mayonnaise evenly with green onion.

10. Lay sliced tuna evenly over onion. Place your thumbs under the bottom of the nori (the edge closest to you).

11. With your hands cupped over the roll, gently squeeze on either side to begin to form the roll.

12. Using your fingers to hold the fillings in place and rolling away from you, roll nori over fillings.

13. Keeping pressure on the roll, continue to roll away from you until roll is sealed.

14. Using your middle and index fingers, gently tap on each end of the roll to ensure that ingredients have not

slipped out and are flush with the nori.

15. Confirm roll seam side down (this will help ensure that the roll will not burst open when handled).

16. Place mat over roll.

17. With your thumbs on the side toward you, pinkies on the far side and other fingers cupped over the top, give the roll a light squeeze, forming a squared cylinder.

18. Remove mat and slice roll.

19. Arrange cut pieces upright on a serving plate. Garnish with wasabi, ginger and a small dipping bowl of soy sauce.

STEP 4



STEP 10



STEP 12



If you prefer, you can chop up the fish or cut into cubes and combine it with the spicy mayonnaise. CONTRIBUTED

RECIPE

Spicy Mayo

Makes 1 1/4 cups (300 ml)

Ingredients

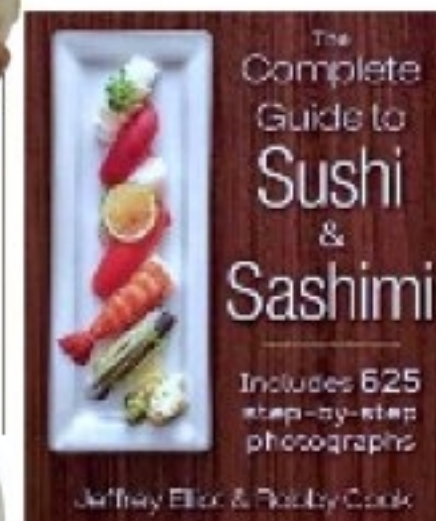
- 1 cup mayonnaise 250 ml
- 3 Tbsp chile paste 45 ml
- 1 tsp Japanese toasted sesame oil 5 ml
- 1 tsp freshly squeezed lemon juice 5 ml
- Japanese chili flakes, such as ichimi or shichimi, optional

Directions

1. In a bowl, whisk together mayonnaise, chile paste, sesame oil and lemon juice, until combined. Add chili flakes to taste (if using). Use immediately or transfer to an airtight container and refrigerate for up to 1 month.

SUBSTITUTION

Don't like tuna? You can sub salmon, yellowtail, scallops or white fish.



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THE SOUR TRUTH BEHIND SUGAR SWEETENED BEVERAGES

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Try a light and lemony dessert

RECIPE

Cottage cheese cake is a riff on an Italian ricotta classic

Cottage cheese is more than just a snack; it's also a handy and nutritious ingredient.

Simply spoon the cottage cheese straight from the carton and use or, for extra points, drain or blot the excess moisture from the cottage cheese and pulse in the food processor and you'll have almost exactly the texture of ricotta cheese.

A favourite ricotta indulgence is Italian ricotta cake, which is something between a classic cake and a cheese-cake. Sweet and fatty, a little sliver goes a long way. Here is a cottage cheese makeover of this yummy (calorie-dense) treat. Loads of lemon zest keep it exciting, and the almond flour ensures that the fats are healthy (and offer a smidge of protein and nutrients).

Lemon Cottage Cheese Cake

Start to finish: 1 hour
Servings: 12

Ingredients

- 3 eggs, separated
- 2 tablespoons unsalted butter, room temperature
- 3/4 cup granulated sugar
- 1/2 cup low-fat cottage cheese
- 1/4 cup grated lemon zest (2 to 3 lemons)
- 1 teaspoon vanilla extract
- 1/2 cup almond flour or meal
- 1 1/4 cups whole-wheat pastry flour (or all-purpose flour)
- 1/4 teaspoon cinnamon
- 3/4 teaspoon baking powder
- 1/4 teaspoon kosher salt
- 1/4 cup low-fat milk
- Powdered sugar, to serve (optional)
- Raspberries and chopped fresh mint, to serve (optional)

Instructions

1. Heat the oven to 350 F. Coat a 9-inch round cake pan with cooking spray, then line with kitchen parchment.
2. In a medium bowl, use an electric mixer to whip the egg whites to stiff peaks. Set aside.
3. In a large bowl, use the mixer to beat together the butter and sugar for 1 minute. Add the egg yolks and mix again until creamy and pale, about 2 minutes.



This cake swaps ricotta for cottage cheese and uses almond flour, so you can tell yourself it's healthy. THE ASSOCIATED PRESS

Add the cottage cheese, lemon zest and vanilla, then mix on medium until very well blended and the cottage cheese is broken down a little.

4. In a medium bowl, sift together the almond flour, pastry flour, cinnamon, baking powder and salt. Mix half of the dry ingredients into the butter and egg mixture and mix on

low with the mixer. Add the milk and the remaining dry ingredients, then mix on low to blend. Using a rubber spatula, fold in half of the whipped egg whites rather briskly until well mixed into the batter. Fold in the second half of the egg whites very gently, until blended in, but not deflated.

5. Pour the batter into the

prepared pan. Bake on the oven's middle shelf until the cake is golden and springs back under light pressure, about 35 minutes. Let cool for 15 minutes before removing from the pan, then let cool completely. Once cooled, dust the top with powdered sugar and serve with raspberries and mint, if desired.

THE ASSOCIATED PRESS

LIQUID ASSETS

Take a sip of Sicily

Poised off the coastal tip of Italy's boot, Sicily looks like the mainland is about to give it a swift kick and wine lovers seem to share that sentiment.

Though they offer great value and full-figured flavours, for some reason Sicilian wines can't seem to catch a break when compared with their landlocked Italian cousins. I consider Sicily Italy's true undiscovered region. Sicily has its own indigenous berries led

by Grillo for whites and, on the red side, Nero d'Avola. Barone Montalto's 2014 Nero d'Avola Cabernet Sauvignon (\$9.45-\$11.99) blends

Nero with a Sicilian grown mainstream grape. The result has all the dark, black expression of the local hero tempered by the Cab's mas-saging power.

Try with your favourite meaty pasta dish. PETER ROCKWELL/METRO



LEAP INTO SPRING WITH A CITRUSY SALAD AND BRAISED RABBIT

Brighten your meals with these dishes that will transport you into the season ahead

TORSTAR NEWS SERVICE

Mint, beet and fennel salad with chili-citrus vinaigrette

For the vinaigrette
Makes 1/2 cup dressing.

Beets and fennel are winter-time favourites when drizzled with olive oil and roasted to perfection in the oven. You can find fennel year-round, but it's at its best during colder months so consider this a farewell to fennel.

The addition of fresh mint leaves serves as a teaser to all the tasty things about to sprout from the ground while beets remind you of what's still growing beneath it.

Ingredients

- Juice of 1/2 large orange
- Zest of 1 large orange
- 2 Tbsp olive oil
- 1 tsp white wine vinegar
- 1/4 tsp dried chili flakes
- Salt and pepper, to taste

Directions

1. Whisk together all ingredients in a bowl. Serve immediately or refrigerate in an airtight container for up to a week.

For the salad
Makes 4 servings.

Ingredients

- 6-8 small beets, peeled and thinly sliced
- 1 large fennel bulb, washed and thinly sliced
- 1/2 large orange, peel removed and cut into bite-sized segments
- 1/3 cup fresh mint leaves
- 1/2 cup chili-citrus vinaigrette
- Salt and pepper, to taste
- Chili flakes, to taste

Directions

1. Toss beets, fennel, orange segments and mint in large mixing bowl. Pour in vinaigrette and toss to coat evenly. Add salt, pepper and chili flakes to taste.

2. Transfer to serving bowl. Let marinate for 10 minutes before serving.

Braised rabbit with bow tie pasta, peas and creamy walnut sauce

Makes 4 servings.

It might sound morbid to cook rabbit during the month of Easter, but once you've had

sweet and tender rabbit meat you'll understand why Elmer Fudd spent all those years hunting that single creature. Here, the mascot of springtime is slow-cooked, tossed in a light but creamy walnut sauce and dressed with vibrant green peas. Have the butcher take the rabbit apart for you. If you are averse to cooking wascally wabbit, substitute four whole bone-in chicken legs with the skin removed.

Ingredients

- 2 Tbsp olive oil
- 1 3-lb whole rabbit, head and ribs removed, legs and saddle separated
- 2 cups no-salt-added chicken broth
- 1 cup evaporated milk
- 1 cup crushed walnuts, plus more for garnish
- 3 minced garlic cloves
- 2 1/2 cups dried bow tie pasta
- 1 cup frozen green peas
- Salt and pepper, to taste
- Chopped mint leaves, for garnish

Directions

1. In a large pan, heat oil over medium heat. Sear rabbit until golden brown on all

sides. Season with salt and pepper. Turn heat down to low. Add chicken broth. Cover and let cook on gentle simmer for 1 hour, or until meat is cooked and fork tender.

2. Remove rabbit from pan. Shred meat using two forks. Discard bones. Set meat aside.

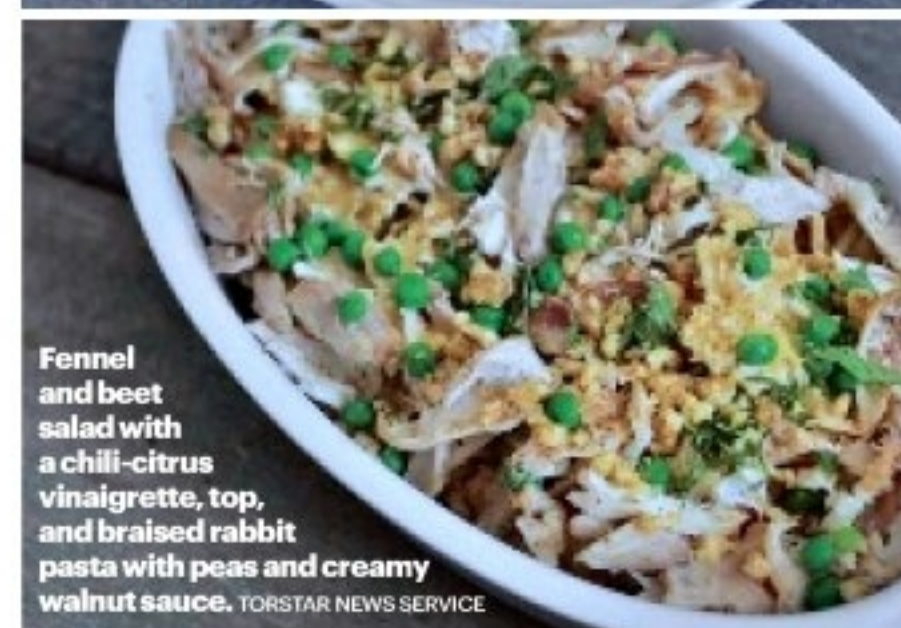
3. Transfer remaining broth to blender. Add milk, walnuts and garlic. Blend until everything has emulsified. Set aside.

4. Bring large pot of salted water to roaring boil over medium-high heat. Cook pasta according to box instructions or until al dente. Remove pasta to bowl with slotted spoon.

5. Bring water back to a roaring boil in same pot. Add frozen peas and cook for 1 minute, or until peas are defrosted. Drain and rinse peas under cold water.

6. In a large skillet over medium heat, toss cooked pasta, peas, walnut sauce and rabbit meat together. Add salt and pepper, to taste. Transfer to serving bowl. Garnish with more crushed walnuts and mint, if using.

7. Serve immediately.



Fennel and beet salad with a chili-citrus vinaigrette, top, and braised rabbit pasta with peas and creamy walnut sauce. TORSTAR NEWS SERVICE

Will Arnett on not faking it for his new show Flaked

NEW SERIES

Actor draws on his own demons for latest TV role

Will Arnett says playing a character struggling with sobriety has been "cathartic."

The Arrested Development star took on a more sombre role with his latest venture, *Flaked*, a half-hour Netflix series that he admits turned out much darker than he initially envisioned.

Arnett drew on his own experiences with alcoholism for the streaming serial, which he sums up as "neither comedy nor drama in the sense that the world isn't like that. We are all things at all times."

"It's a very personal story," says Arnett, who co-created and co-wrote the project with Mark Chappell, and stars as Chip.

"Part of it is Chip's relationship with his sobriety, and really that's about his relationship with his true self — with who he is and is he being honest with himself?"

Heady stuff from the guy better known for playing dove-killing amateur illusionist Gob



Will Arnett draws on his struggles with sobriety to bring authenticity to *Flaked* role. GETTY IMAGES

Bluth on *Arrested Development* or underhanded super-gay TV executive Devon Banks on *30 Rock*.

That's not to say there aren't laughs, says Arnett.

When Chip is not trying to inspire fellow addicts at Alcoholics Anonymous, he's trading barbs with a neurotic best friend (played by David Sullivan) and a kooky neighbourhood pal (played by George Basil).

It's a delicate mix of tone that Arnett says was not easy

TELEVISION

Series debut

Flaked premieres Friday on Netflix.

to master.

"It's been an interesting process and it's been difficult," Arnett says of exercising more creative control for this venture, adding he plans to direct if a second season is ordered.

"All of that is like this kind of very combustible material that is packed into a bullet of comedy, if you will. Because we wanted it, on the surface, to be constantly moving and the dialogue to be kind of quick and the guys to be kind of quick-witted with each other and with other people, so that you feel like if they ever stopped moving that the whole thing will fall apart."

At the core are big questions "that we all deal with."

"I've been obsessed for a while with that idea of authenticity and initially the character of Chip was kind of like an essay on what I disliked in other people who did that — who were inauthentic with me," says the Toronto-bred comic, who has spoken of battling alcohol abuse in his 20s.

"Inevitably some of your own stuff starts making it onto the page and it becomes uncomfortable and you're kind of like forced to face things that you potentially dislike about yourself." THE CANADIAN PRESS



JOHANNA SCHNELLER WHAT I'M WATCHING



"Tranny" debate turns reality star Caitlyn Jenner into the foil of her own show. CONTRIBUTED

Getting schooled on I Am Cait

THE SHOW: *I Am Cait*, Season 2, Episode 2 (E!) **THE MOMENT:**

The "Tranny" Debate

Caitlyn Jenner and half a dozen friends are travelling across the U.S. in a luxury bus. Among them are the writers Jenny Boylan and Kate Bornstein.

"I don't call myself a woman, I call myself a tranny," Kate volunteers as the miles roll by. "Transgender women have a lot of problems with that."

"I would be one of them," Jenny says. "I find that word hurtful. For me it's like saying the F-word to a gay man or the N-word to a person of colour."

I haven't seen Season 1, but as a recap points out, serious divisions exist within (and outside) the transgender community about whether the hoopla around Caitlyn has done more harm than good. So this season, the producers are doubling down on their efforts to educate Amer-

ica. This debate is one example.

It's fascinating to see where Caitlyn — who, as one friend points out, "spent 65 years as a Republican man," and of whom another remarks, "her inner life hasn't caught up to her outward appearance" — ends up here: as the foil of her own show.

Sure, she's one of the most recognizable transgender people in the world. But because her fame and wealth have isolated her from many of the hardships transgender people endure, she's also just one more bigoted, ignorant American who needs to be educated. On the positive side, that wipes out any notion of "us vs. them." Suddenly, everyone is "us."

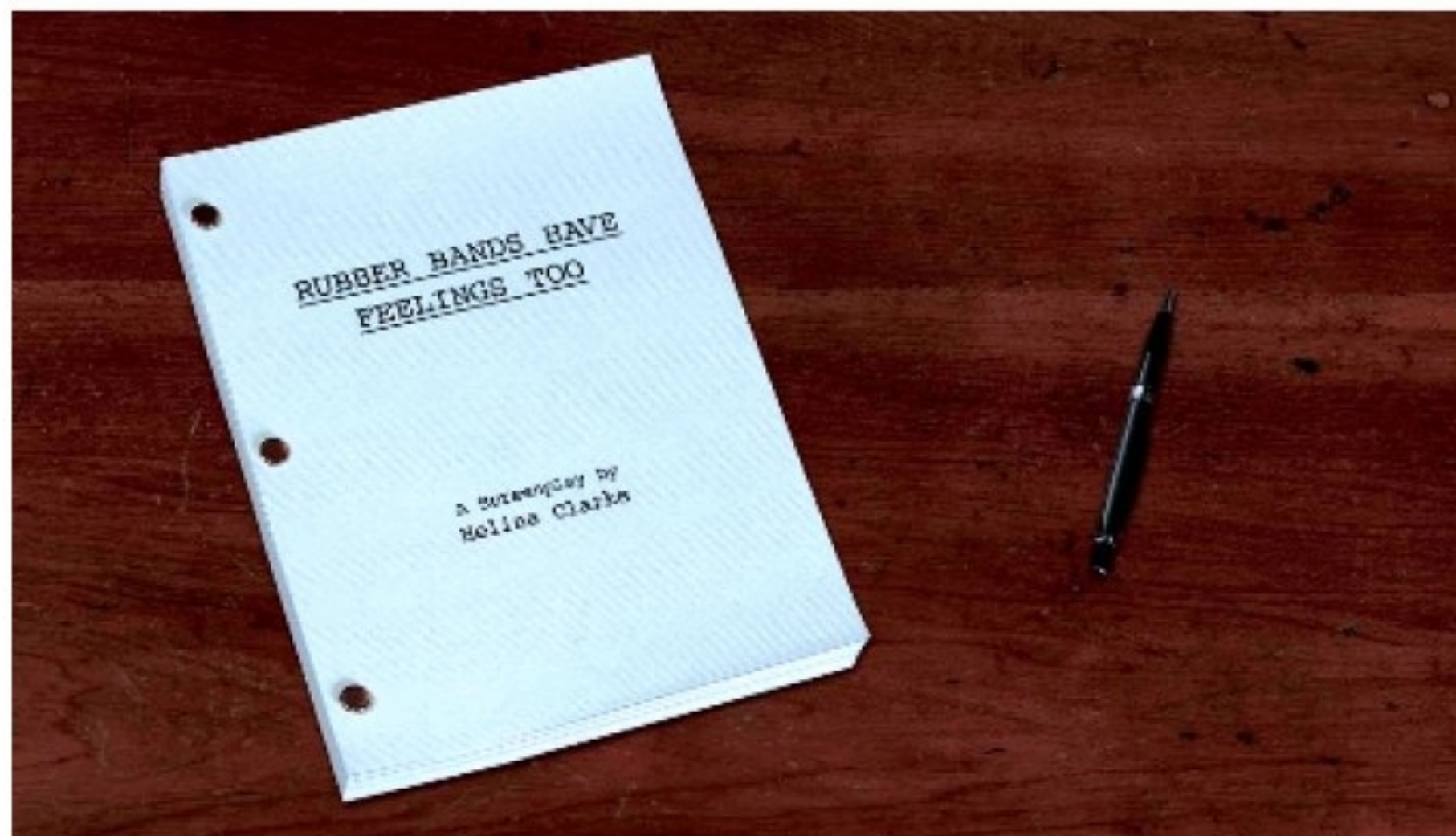
That alone won't solve the varied conflicts Caitlyn kicks up. But it's an interesting start.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.



It becomes uncomfortable and you're kind of like forced to face things that you potentially dislike about yourself

Will Arnett



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Something for the whole family



THE CHECKLIST | 2016 HONDA PILOT

THE BASICS

Type. Five-door, FWD or AWD, seven or eight-seat, midsize crossover
Engines (hp). 3.5-litre V6 (280)

Transmissions. Six-speed automatic, nine-speed automatic

Base price. \$35,490 (not including \$1,827 for PDI & Freight)

COOL FEATURES

- New standard infotainment system features Android OS.
- V6 now features direct injection, and can shut down one bank of cylinders.
- Honda Sensing safety features includes Collision Mitigation and more.



INTERIOR PHOTOS MIKE GOETZ/FOR METRO; ALL OTHERS HANDOUT

POINTS

- Seven-seat configuration features second-row captain chairs, which can be heated.
- New AWD system can adjust engine torque to various wheels, and features Normal, Mud, Sand and Snow modes.
- New satellite linked navigation system.

MARKET POSITION

- Couldn't be more targeted toward big, busy families.
- New-generation styling and technologies designed to make Pilot sleeker and more comfortable.
- One of the bigger "mid-size" crossovers.

THE COMPETITION



Hyundai Santa Fe XL
Base price: \$31,099



Toyota Highlander
Base price: \$33,555



Ford Flex
Base price: \$31,799

REVIEW

Pilot delivers value pack of convenience, comfort

Mike Goetz
For Metro Canada



The previous Honda Pilot featured a squared-off and rugged SUV vibe, which didn't quite resonate with its intended target — large families with lots of kid chauffeuring on the schedule.

So for this all-new-for 2016 version, Honda re-positioned Pilot to be less masculine, and with more priority on family comfort and safety. While more rounded and sleeker, the Pilot is still one of the roomier mid-size crossovers, with a legitimate third row, and eight seats. If you don't need to carry more than seven, definitely go with second-row captain chairs, which keep siblings from encroaching on each other's territories, for better family harmony. They are also heatable and slide for fairly easy entry into the third row. Like all third rows, Pilot's is low to the ground, but wide and comfortable enough for three smaller humans.

Climb into the driver's seat, and you'll be impressed by the vast array of new features and excellent outward visibility, the latter helped by super thin front pillars, and big windows all around. Dominating the front space is Pilot's new standard touchscreen infotainment sys-

tem. It looks good, sounds good, and is packed with solid technology, but I found it required too much brain activity to do most anything. It will have you soon running to the few "actual" buttons on the steering wheel, and voice command. More new tech that takes getting used to, is the "drive by wire" gear selector, which is packaged with the optional and all-new nine-speed automatic.

Pilot's only powerplant is the 3.5-litre V6, which has been recently endowed with lots of technology — direct injection, auto stop-start, i-VTEC, and cylinder de-activation. As such, and with the new multi-speed transmissions, the new Pilot is quite fuel efficient for its size. The engine is also super smooth. Front-wheel drive versions are available, but most potential customers will opt for AWD, and Honda has seriously upgraded Pilot's AWD system, with selectable modes (Normal, Mud, Sand and Snow), and torque vectoring.

Combined with its silky and quiet engine, and comfortable ride, the Pilot is very soothing on the road. All the modern safety features you can think of are standard — or optional. I particularly like how often Honda's Lane Watch helps you in everyday driving. Note, however, that Blind Spot and Rear Cross monitoring are only available on the top-end model.

The Pilot is not too engaging to steer. But Honda probably figures you just want to relax when you're driving your clan to their required locations, be they a soccer field, the orthodontist, or a kingdom far, far away.

RIMAC AUTOMOBILI

Electric supercar wins young Croatian inventor fame

He's the name behind the world's first electric supercar, winning international plaudits for his ingenuity.

But for Croatia's 28-year-old Mate Rimac, it all started as a hobby in his garage. A keen techie since high school, Rimac was racing an old BMW when he blew the engine and decided to turn the car into an electric one starting with pieces he bought on the Internet.

A decade later, his firm Rimac Automobili is becoming a global leader in electric vehicle technology, selling Concept One super-

cars for 850,000 euros (\$923,000) each and giving a much-needed boost to Croatia's start-up scene.

"We want to be the best in the world in what we do and we are changing the world," Rimac told AFP in his factory showroom in the small town of Sveta Nedelja, near the Croatian capital.

The confident but modest entrepreneur was named by Politico Europe in December as one of 28 people across the continent who are "shaping, shaking and stirring Europe."

But mastering the complex technology of electric sports cars

and winning financing was no easy task — especially in a small country of 4.3 million people with no automotive industry.

Rimac formed the company in 2009 when he realised there was not much left of the original vehicle he had transformed, and the aim was to build an electric supercar from scratch.

Motor show success

The company unveiled the Concept One at the 2011 Frankfurt Motor Show, where nobody expected a small Croatian firm to showcase an electric car that

could reach 100 kilometres per hour in a staggering 2.8 seconds.

Last week at the Geneva International Motor Show, Rimac introduced the production version of the car.

Many expected Rimac's success would lead him to move somewhere else, such as Silicon Valley, Germany or Italy. But instead he has kept the business in Croatia, a country slowly emerging from six years of recession.

"I want to do it here... I'm stubborn," he said. "I think it is possible, I mean we are doing very well." AFP



Mate Rimac and his Concept One model. DENIS LOVROVIC / AFP

Nissan CEO promises revolution

ELECTRIC VEHICLES

China set to lead in EVs

China is forecast to become the world's biggest market for electric vehicles this year with sales estimated at 220,000-250,000 vehicles, says the official China news agency Xinhua, quoting the China Association of Automobile Manufacturers. The Association's deputy secretary general Xu Yanhua, estimated the U.S. market at 180,000 vehicles while worldwide, EV sales are expected to increase to 600,000 units in 2016.



FOSSIL FUELS

OPEC offers predictions

The Organization of Oil Exporting Countries (OPEC) is bullish about the future of fossil fuels, predicting that over the next quarter century, battery-powered electric vehicles will grow to represent just one per cent of all vehicles on the world's roads. More depressingly, OPEC predicts that by 2040, 94 per cent of all vehicles will still run on fossil-based fuels.



THE GREEN ANGLE

Metro's weekly picks for the latest in environmental news

TEXT AND IMAGES BY WHEELBASE MEDIA



NISSAN

IDS Concept utilizes A.I.

Nissan has clarified its vision of the future for autonomous and zero-emission electric vehicles in the form of the IDS Concept. New technologies coming from the automaker will do no less than revolutionize the relationship between car and driver and future mobility, promised Nissan president and CEO Carlos Ghosn. The IDS Concept integrates advanced vehicle control and safety technologies with artificial intelligence. "Nissan Intelligent Driving improves a driver's ability to see, think and react," he said, "It compensates for human error, which causes more than 90 per cent of all car accidents." Even when the driver selects Piloted Drive and turns over driving to the vehicle, the car's performance imitates the driver's own driving style and preferences, Ghosn said.

FAST CHARGING

Network supports switch

Nissan and BMW are joining forces to offer public fast charging at 120 locations across 19 states in an effort to support Nissan Leaf and BMW i3 owners, and to promote increased adoption of electric vehicles nationwide. With the new partnership, the automakers say they are addressing the growing demand for more public fast-charging options in markets across the U.S., giving drivers the ability to easily extend the length of their electric travels. The breadth of Nissan and BMW's fast-charger expansion is widespread, with stations now available in many states.



+ IN BRIEF

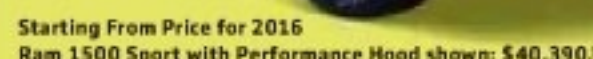
Mazda leads the pack in U.S. with fuel efficiency

Mazda has been found by the United States Environmental Protection Agency to be the most fuel-efficient automaker in that country despite not selling a single hybrid model, battery-electric car or plug-in hybrid. Mazda fuel-efficiency gains have all been achieved through lightweight construction and refinements to its internal combustion engines, all of which are now no bigger than four cylinders. The company also has no large trucks or sport-utility vehicles.

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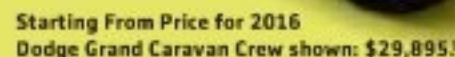
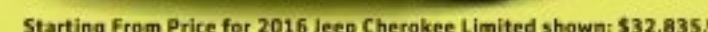
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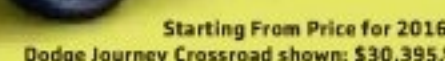
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The 2016 Mercedes GLE Coupe

As a competitor to the BMW X6, the new Mercedes-Benz GLE Coupe joins the GLE wagon. With a sloped hatchback design, the GLE Coupe obviously trades cargo room for style and sportiness. It is perhaps no less capable than the GLE wagon, at least when it comes to foul-weather driving, with standard all-wheel-drive and the latest in safety technology. The GLE Coupe is, however, aimed at the performance crowd. **JEFF MELNYCHUK** WHEELBASE MEDIA

1 Engine Lineup

249-hp 3.0-litre V-6 turbo-diesel (nine-speed automatic transmission). 362-hp 3.0-litre turbo-charged V-6 (nine-speed automatic transmission). 577-hp turbocharged 5.5-litre V-8 (seven-speed paddle-shift transmission).

2 Safety tech

Assisted steering automatically keeps the GLE Coupe in the middle of the lane, but will deactivate if you try driving hands-free. Brake assist warns if you're closing too rapidly on the vehicle in front and will apply the brakes, if necessary, to help prevent a collision.

3 Cargo/Backseat

Rear seat is best for two people. With the sloped roof, the GLE a bit more than half of the cargo room behind the rear seats as the GLE wagon.

4 Design

About 10 centimetres longer and eight wider than the GLE wagon. Deeply contoured front seats are optional. Select from Comfort, Slippery, Sport, Sport+ and Individual modes. SOURCE: MERCEDEZ-BENZ



GENDER ROLES

Trade shows look to attract more women riders

Last year, Sylvie Brisebois fulfilled her longtime dream of taking a solo motorcycle ride to California.

She also completed a less-solo ride when she led 200 other women bikers on an all-girl breast-cancer fundraising ride she organizes annually.

She started riding 10 years ago at the age of 45 and was instantly hooked.

"It's freedom; it's the place I feel the best," she said. "You're complete, you're away from all troubles, you're just happy."

Brisebois' bright pink booth may have been one of the most overtly feminine displays at Montreal's annual motorcycle trade show recently, but it was hardly the only one targeting women.

As baby boomer men — traditionally the biggest bike buyers — age and retire, the motorcycle industry is trying to entice newcomers, including women, to buy in.

In Quebec, women make up 13.8 per cent of motorcycle owners, and their ownership rates are growing slightly faster than men's.

The trade show's manager, Bianca Kennedy, says manufacturers are working to increase that number by offering products geared towards women, from different apparel to equipment

design to advertising.

Many companies are also rolling out smaller bike models that are better suited to new riders and women, who Kennedy says are showing up in growing numbers.

"The interest is there, and we're really seeing women embracing the sport and coming out in groups and with friends," she said.

But although the number of women owners is increasing slightly, some say more can be done to bring them in.

Patti Derbyshire is the founder of Torch motorcycles, a Calgary-based company that builds motorcycle components adapted for women.

She says that although women make up 30 per cent of new riders, only a third of them end up getting serious.

"We hypothesize that maybe they get on bikes that are too big and too fast and not built for them," she said.

Her company hopes to increase the number of women by offering equipment built for their bodies, and by initiatives like a women's build program, which teaches them how to work on bikes.

Renee Larouche, a track instructor, says the company she co-owns started offering women-only track classes last year after

“Often at the beginning of the day the women’s groups are the slowest, but by the end of the day they’re passing the men.”

Renee Larouche,
track instructor

seeing too many women dropping out of mixed groups.

"We saw they weren't always comfortable and felt they were in competition with the men, even if that wasn't the reality," she said.

Larouche says that while men often want to go fast right away, women prefer to perfect their technique before increasing the speed. That isn't to say they aren't good riders, she is quick to say.

"Women move up quickly because they're very technical," she said. "Often at the beginning of the day the women's groups are the slowest, but by the end of the day they're passing the men."

THE CANADIAN PRESS



Bianca Kennedy, show manager for the Montreal Motorcycle Show on her Ducati Scrambler.

MORGAN LOWRIE/THE CANADIAN PRESS

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Volkswagen

*Limited time finance purchase offer available through Volkswagen Finance, on approved credit, based on a new and unregistered 2016 Jetta 1.4T Trendline (#163VF1) base model with 5-speed manual transmission with base MSRP of \$17,600, including \$1,605 freight and PDI, financed at 0% APR for 60 months equals 130 bi-weekly payments starting from \$135. \$0 down payment or equivalent trade-in due at signing. Cost of borrowing is \$0 for a total obligation of \$17,600. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. **Up to \$2,000 finance bonus cash available to be applied as a discount on MSRP on finance only (through Volkswagen Finance, on approved credit) of select new and unregistered 2016 Jetta 1.8T Highline, GLI and Hybrid models. Discount varies by model. †Lease payments of \$195 on the Jetta must be made on a monthly basis and cannot be made weekly. Weekly equivalent payments shown for information only. Limited time lease offer available through Volkswagen Finance, on approved credit, based on a new and unregistered 2016 Jetta 1.4T Trendline (#163VF1) base model with 5-speed manual transmission. \$1,605 freight and PDI included in monthly payment. 48-month term at 0.99% APR. \$1,198 down payment, \$250 security deposit and first monthly payment due at lease inception. Total lease obligation: \$10,558. 64,000-kilometre allowance; charge of \$0.15/km for excess kilometres. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. Dealer may sell or lease for less. Dealer order/trade may be necessary. Offers end March 31, 2016 and are subject to change or cancellation without notice. Model shown: 2016 Jetta 1.8T Highline automatic transmission, \$27,995. Vehicle shown for illustration purposes only and may include optional equipment. Visit vwoffers.ca or your Volkswagen dealer for details. "Volkswagen", the Volkswagen logo, "Autobahn for All", "Jetta", "TSI", "Highline" and "Trendline" are registered trademarks of Volkswagen AG. © 2016 Volkswagen Canada.

Dallas quarterback Tony Romo has undergone shoulder surgery and should be ready for off-season workouts when they start in May

Huskies reign supreme

AUS WOMEN'S HOCKEY

St. Mary's beats St. Thomas for conference title



Kristen Lipscombe
Metro | Halifax

As the final seconds ticked down Tuesday night at Alumni Arena, the scoreboard in the old barn reading 5-1, fourth-year Saint Mary's Huskies blue-liner Carly Gray kept the puck on her stick.

Gray didn't let go until just before the final buzzer sounded, indicating that for the first time in her university hockey career, she had just won the Atlantic University Sport championship.

The Huskies snagged the women's title, their first since 2010, with a decisive score in the third game of a best-of-three series against the St. Thomas Tommies.

"It didn't really register until I looked at the clock; there was one second left and then I shot the puck away," the Williams-wood native said of those moments on the ice before she and her teammates embraced in celebration.

"That's when it kind of hit us

+ NATIONALS

Saint Mary's and St. Thomas both advance to the CIS women's hockey championship, which is being hosted March 17-20 by the University of Calgary in Calgary.



Huskies forward Caitlyn Manning, centre, celebrates a first-period goal over the Tommies with teammate Caitlyn Schell at Alumni Arena on Tuesday night. JEFF HARPER/METRO

that ... we did it!" the grinning Gray said, fellow graduating players Caitlyn Schell and Rebecca Johnson at her side.

With the strong late-game lead, Huskies coaches opted to put the three Saint Mary's graduates on the ice for that final shift, along with fellow fourth-year players Brianna Soper and Sarah Douglas, who will likely return for their fifth year of CIS eligibility.

"When we came here, Chris said that by the time we're done, we're going to have a banner," forward Schell, who scored twice on the power play in the third, said of Huskies head coach Chris Larade, who also claimed his first AUS title Tuesday.

"We finally got it!" Schell said, while taking a break from snapping post-game photos on the ice.

Forward Caitlyn Manning put Saint Mary's on the board midway through the first, also adding an assist, while third-year forward Nicole Blanche notched one late in the second and forward Laura Polak of Bedford added a power-play marker in the middle frame.

Huskies captain Breanna Lanceleve of Middle Sackville had two helpers, while rookie goaltender Rebecca Clark made 21 saves.

Forward Kenya Marcelline had the lone Tommies goal.

"It makes all the work we've



St. Thomas blue-liners Eliza Snider, left, and Jessica McCann, centre, try to stop a pass from Saint Mary's forward Mary Worndl at Alumni Arena on Tuesday night. JEFF HARPER/METRO

put in these past four years ... worth it," Johnson said.

"Being with these girls makes

it even more special, because we've been through everything together."



Maxime Fortier scored twice for the Mooseheads in their victory over the Titan on Tuesday. METRO FILE

QMJHL

Mooseheads keep playoff dreams alive

The Halifax Mooseheads have kept their playoff dreams alive.

With four straight late-game goals, the first two from veteran forward Maxime Fortier on assists from Finnish import Otto Somppi, the Herd doubled their score to beat the Acadie-Bathurst Titan 4-2 on the road Tuesday night, in front of more than 2,000 fans at K.C. Irving Regional Centre.

Rookies Arnaud Durand and Ilya Putintsev finished it

At Bathurst, N.B.

4	2
HERD	TITAN

off in the final frame, while goaltender Kevin Resop made an 39 saves.

Had that offensive burst in the final 20 minutes not happened, Halifax would have of-

ficially been bumped out of post-season contention.

Neither the Titan, who are currently 13th overall in the Quebec Major Junior Hockey League, nor the Mooseheads, who remain in 17th place, were able to score in the opening frame. But two straight goals from Christophe Boivin put Acadie-Bathurst up 2-0 after 40 minutes.

With the third-period push and the victory, the Herd move

to within seven points of the Drummondville Voltigeurs (20-37-6-1), who have four games left on their regular-season schedule.

With 47 points in the standings, Halifax can reach at most 55 points if they win those remaining games.

With 54 points, Drummondville has to lose its last four games in regulation for the Mooseheads to make the playoffs. KRISTEN LIPSCOMBE/METRO

IN BRIEF

Nova Scotians improve to 5-0 at curling world juniors

Canada's Mary Fay is still undefeated at the world junior curling championships after a pair of wins on Tuesday.

Fay and her rink from Chester, N.S., defeated Turkey 10-3 in the morning draw. They followed that up by scoring four points in the fifth end to down Hungary's Dorottya Panalcsa 9-3 later in the day.

The Canadian women are atop the standings with a 5-0 record.

On the men's side, Winnipeg's Matt Dunstone gave up five points in the eighth end and fell 7-2 to Switzerland's Yannick Schwaller.

The loss drops Canada to 2-2 in round robin play and sixth in the standings.

THE CANADIAN PRESS

Habs snap losing streak with win over Stars

Alex Galchenyuk scored twice, including the overtime winner, as the Montreal Canadiens edged the Dallas Stars 4-3 on Tuesday night, snapping their four-game losing skid.

Max Pacioretty and Phillip Danault scored in regulation for Montreal (31-30-6). Ben Scrivens made 30 saves.

Cody Eakin, Jason Spezza and Ales Hemsky had goals for the first-place Stars (40-20-8). Kari Lehtonen stopped 24 of 28 shots in net.

The 13th-place Canadiens are 6-0-1 in their last seven home games. THE CANADIAN PRESS

Raptors hop back on to winning track at home

DeMar DeRozan scored 25 points while Kyle Lowry had 23 points and nine assists to lead the Toronto Raptors to a 104-99 victory over the Brooklyn Nets on Tuesday.

Brook Lopez scored 35 points to top the struggling Nets.

The Raptors were coming off a 113-107 loss to Houston, coughing up an 18-point lead down the stretch in their first defeat at home in more than two months. THE CANADIAN PRESS

Jays take pride in strength up middle

MLB

Special bond formed between Goins, Tulo, Martin, Pillar

They are not inseparable, but Blue Jays second baseman Ryan Goins is usually within whispering range of shortstop Troy Tulowitzki in the clubhouse.

The two are a league-leading double play combo since Tulowitzki arrived last July and formed a unique bond as baseball soul mates.

"Our team is full of household names ... it elevates your own game, makes you play to their standards," Goins said Tuesday, after the Jays improved to 6-1 in spring training with a 9-3 win over the Minnesota Twins.

Tulowitzki, who brings veteran leadership to the Jays, created a slogan to acknowledge the league-leading status of its middle defence of catcher, shortstop, second baseman and centre-fielder.

"Strong up the Middle" is a badge of honour among the foursome. Catcher Russell Martin, centre-fielder Kevin Pillar and Tulowitzki and Goins established themselves as the best up-the-middle defence in the American League during Toronto's charge to the post-season last season.

Now, the phrase is spoken between them like a handshake. It also reaffirms not only the status of the foursome on the diamond but the bond they share off it as friends.

"Strong up the middle ... Tulo came up with that, and it was something we obviously believed in, being strong up the middle for the whole season," Goins said.

Behind that phrase is a resulting bond that sees the play-



Blue Jays second baseman Ryan Goins turns a double play against the Braves' Gordon Beckham. STACY REVERE/GETTY IMAGES

“As good as our offence had been, we never took off until our defence improved.”

Manager John Gibbons

ers share commitment, laughs, dinners, and even a trip to the barber.

On the field, the foursome owned the best combined stats for defensive runs saved by a

player last season. For this coming season, many predict the foursome will be baseball's best in defensive runs above average.

"Up the middle defence is important, but the game got away from that for awhile," manager John Gibbons said. "There were times when you'd have a great catcher, but he was great because he could hit but maybe his (defence) wasn't as good as his hitting. And offence was a huge part of things, so getting away from that (defence), teams suffered because of it, the game suffered because of it."

TORSTAR NEWS SERVICE

BRIER

Jacobs flawless through 5 matches

Northern Ontario's Brad Jacobs remained unbeaten at the Tim Hortons Brier through his fifth match Tuesday morning.

The reigning Olympic champion defeated Prince Edward Island's Adam Casey 6-2. Jacobs was slated to meet Alberta's Kevin Koe in the evening draw.

"We're making sure that every time that we step on the ice — from the first rock to the last rock — we're giving it everything we have and trying to leave it all on the ice," said Ja-

+ NEXT BEST

After nine draws, Newfoundland and Labrador's Brad Gushue was alone in second place at 5-1 following a 4-3 victory over Kevin Koe of Alberta on Tuesday afternoon.

cobs, the skip of the 2013 Brier champs. "That's what we're doing." THE CANADIAN PRESS

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SLAMMED

Sponsors ditch Sharapova

Maria Sharapova, the world's highest-earning female athlete for many years, was abandoned Tuesday by some of her biggest sponsors after the Russian tennis star acknowledged taking a recently banned substance for a decade.

Sportswear giant Nike, Swiss watch brand Tag Heuer and German luxury car company Porsche quickly distanced themselves from the five-time Grand Slam winner.

THE ASSOCIATED PRESS

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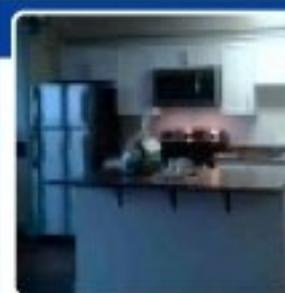
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RECIPE Fresh Tomato Spaghetti



PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

This is one of those too-good-to-be-true recipes. It's just a few ingredients and a very small time commitment and yet you'll create a delicious, satisfying dinner.

Ready in
Prep time: 5 minutes
Total time: 15 minutes
Serves 4

- Ingredients**
- 1/4 cup olive oil
 - 2 cloves garlic, minced
 - 500 g package of whole-wheat spaghetti
 - 3 Tbsp red wine vinegar
 - 2 cups fresh tomatoes, washed and chopped
 - 1 head of arugula, washed and rough chopped
 - Salt and pepper to taste

Directions

1. Put a big pot of well salted water on to boil.
2. In a sauté pan, bring the olive

oil to low-medium heat.
3. Add minced garlic and allow to cook but not brown. You're just taking the bite out of it so it's only going to take a couple of minutes. Take the pan off the heat.
4. Cook pasta according to package instructions. Scoop out a cup of water from the pot before draining (this is a good habit to get into, btw). The starchy water is a great way to loosen up a too-thick sauce, plus it adds a certain slickness to your pastas.
5. Drain your noodles well before tossing them back in the pot. Add the garlic-infused oil and vinegar and toss well until all of the spaghetti is well coated. Now add your tomatoes and toss again. Pour in your cooking liquid, bit by bit, until your sauce is the desired consistency (you may not need much).
6. Throw in the arugula and give it another good mix so there are pieces of green throughout. Taste before adding a bit of salt and pepper.

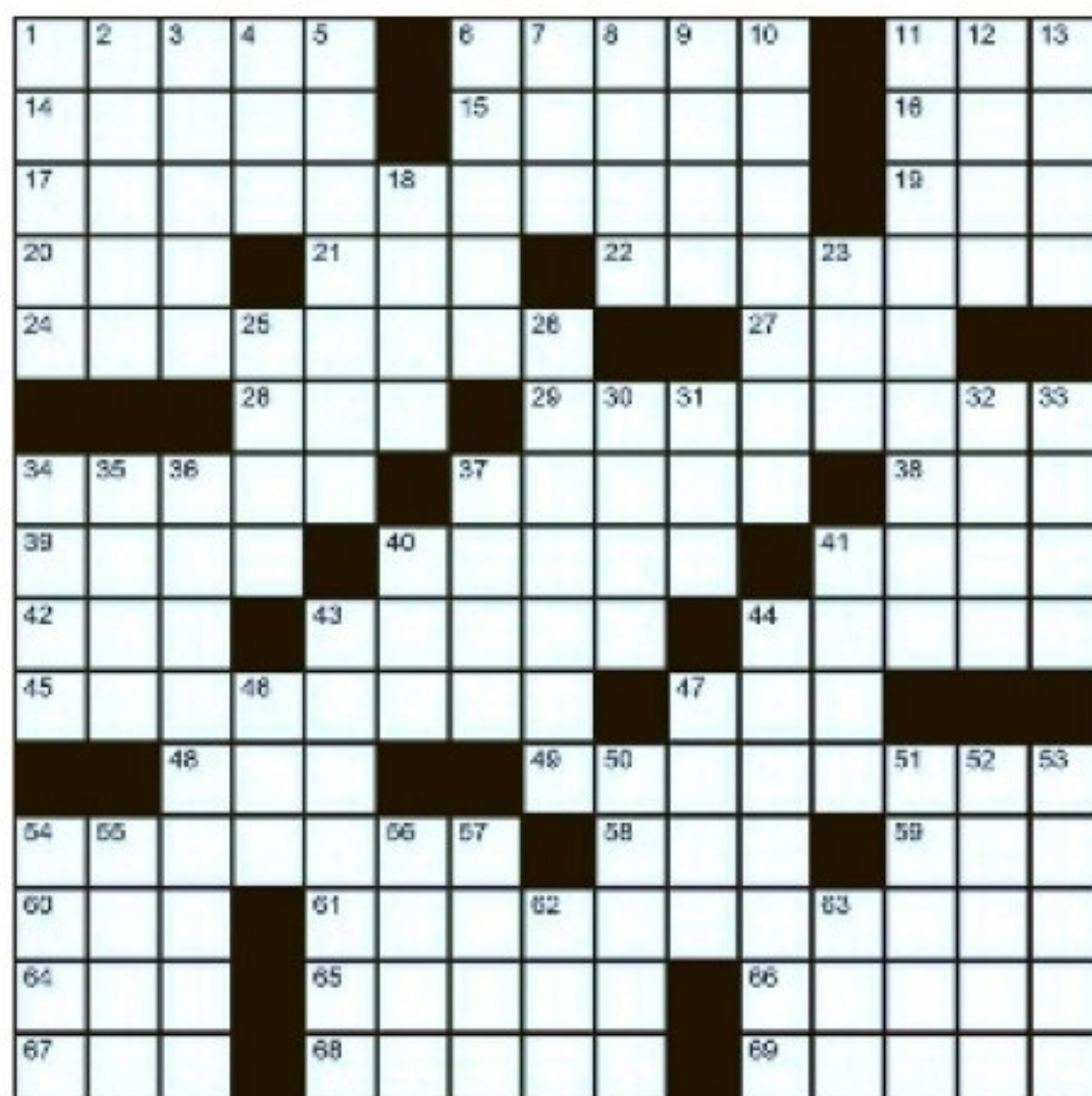
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Reprimand
6. Calm
11. Sched. time not yet figured out
14. Electroshock-er
15. "A Passage to ..." (1984)
16. Ingrid Bergman's actress/model daughter ...her initials-shares
17. Archaeologist's major discovery in Egypt: 2 wds.
19. Miracle-__ (Plant food brand)
20. U.S. health-related agcy.
21. Lamb of God, Agnus __
22. Stand for one addressing an audience
24. Draw a __ conclusion
27. Canadian hockey great's three-lettered surname
28. Barbie and __
29. Was off target
34. Items in Dracula's closet
37. Spotted cat-like mammal
38. Vegetarian variety, with Lacto-
39. Repented
40. Sacred choral piece
41. Take __ face value
42. Piece of food
43. Classifies
44. St. __ Newfoundland
45. Ontario: Canadian __ Heritage Museum, in Mount Hope near Hamilton ...more



- at #11-Down
47. Got a glimpse
48. "...__quit!" (Employee's ultimatum)
49. Striking/breath-taking
54. Material for Canada's bank notes
58. Apple pie __ mode

59. Prefix to 'thermal'
60. "... Got a Feeling" by The Beatles
61. French for 'potato chips'
64. Ancient war god
65. Overthrow
66. Army academy attendee

67. Nav. rank
68. Miniscule
69. "Heaven" singer Bryan

DOWN

1. Personnel
2. __ attitude (It's possible!)
3. Muppet-in-a-can

4. Hawaiian vacationer's gift
5. River excavators
6. '60s-style protest
7. It'll make a blast
8. Kelly Clarkson was the first in 2002
9. Green hue
10. Scientist's work outfit: 2 wds.

11. One of #45-Across' vintage aircrafts, de Havilland __
12. Cold temps experimenter's reaction!
13. Bit of "Danny's Song": "...think I'm gonna have __"
18. Inert gas
23. Three
25. __ out a living (Survived)
26. Gave off
30. St. __ (Facial scrub brand)
31. Unit of play for Milos Raonic
32. "... Almighty" (2007)
33. i i i toppers
34. Boast
35. Mystique
36. Resource in Alberta
37. Succotash stuff
40. New Zealand bird, once
41. Dubuque's locale
43. __ jeans
44. Island country where Kingston is the capital
46. Jimmy
47. Fries flavourer
50. Hoarse
51. British actress Ms. Swinton
52. "Hmmm, __ to remember..."
53. Tolls
54. Sandwich orderer's preference to bread
55. Metamorphoses poet
56. Celtic language
57. Casanova
62. Hallway art piece
63. Chap

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
You may be dreading what is round the corner but there is no reason to worry — what you fear is mainly in your mind. Put your imagination to good use and do something creative that could also make you money.

Taurus April 21 - May 21
You need to be with people who share your outlook on life, especially if it seems that others are plotting against you. Ally yourself with those whose principles are in line with your own. There's safety in numbers.

Gemini May 22 - June 21
You'll get the chance to show your leadership qualities today and people will be impressed. You have everything it takes to reach the top.

Cancer June 22 - July 23
A solar eclipse in Pisces marks the start of a more productive phase but to make the most of it you have got to think clearly. For the next few days you must focus only on facts.

Leo July 24 - Aug. 23
Money matters have been concerning but what happens today will ease your fears. If you stay calm and think logically there's nothing that can harm you, at least not financially.

Virgo Aug. 24 - Sept. 23
Something you say today is likely to rub certain people the wrong way. Expect some kind of backlash. Most likely they will withdraw their assistance but that's OK, you are quite capable on your own.

Libra Sept. 24 - Oct. 23
You're having second thoughts about something that previously you were keen on. Don't make any sudden changes. Wait until Friday's Mercury-Neptune link has passed.

Scorpio Oct. 24 - Nov. 22
You rarely sell yourself short and today will be no exception. With a solar eclipse in your fellow Water sign of Pisces you honestly believe you can take on the world and win.

Sagittarius Nov. 23 - Dec. 21
Why does no one seem to be taking your advice? Because they want you to mind your own business! Take the hint and back off a bit. If your advice is as good as you think it is you'll get the chance to give it again later on.

Capricorn Dec. 22 - Jan. 20
You need to get out and about more and today's solar eclipse will provide you with endless opportunities. Don't worry if people complain that you are being irresponsible. Living well is the best revenge.

Aquarius Jan. 21 - Feb. 19
You'll discover a new source of income just as you were beginning to think you might have to sell something to make ends meet. You're not as poor as you seem to think you are.

Pisces Feb. 20 - March 20
Today's solar eclipse in your sign makes you feel good about yourself and about the future. Ignore the nagging doubt in the back of your mind that you don't deserve it.

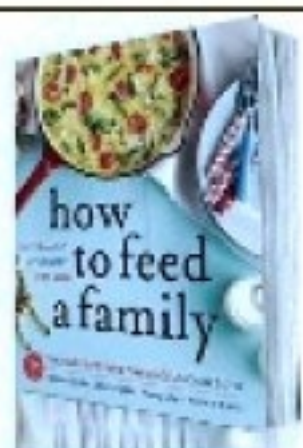
CONCEPTIS SUDOKU by Dave Green

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